



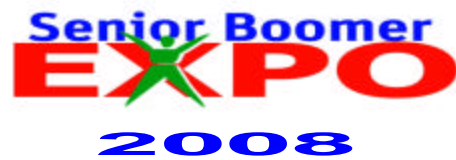
Crystal Gayle,
Grammy-Award Winning
Country Music Star

Discover the best
wellness
& lifestyle
information
devoted to
improving
the quality of life
for today's
50+ generation!



Living Well

Produced by



- Health Screenings
- Exercise Demonstrations
- Home & Lifestyle experts
- Video Game Wii Demonstrations
- Cooking Workshops
- Door Prizes
- The "Young at Heart" Fashion Show
- Ballroom, Jazz, Dance Groups and More Entertainment
- Complimentary Box Luncheons While Supplies Last
- Free Parking Lot Shuttle Service for persons with disabilities

Wednesday, October 8, 2008

Day Program

9:00 AM to 3:00 PM

\$5.00

Or Attend Our

Evening Wellness Program & Celebrity Concert
(Concert starts approximately 7:00PM)

5:00 PM to 8:00 PM

\$10.00

Where: Tennessee State Fairgrounds

For more information, call 615-254-0250 or
visit our website - www.SeniorBoomerExpo.org

Senior Boomer Expo Inc. of Middle Tennessee
501 Union Street, 6th Floor, Nashville, TN 37219
To Exhibit, call 615-254-0250